

I am a Principal Technical Program Manager who thrives in dynamic technology environments, leading across strategy, execution, and product experience. I transitioned into the tech industry by leveraging a foundation in architectural design and project management, bringing a systems-oriented mindset and a strong ability to translate vision into execution.

As a thought leader, I define strategic objectives, identify problems and opportunities, author requirements and specifications, and act as a catalyst for meaningful change. As a motivator and operator, I manage product delivery end to end—running sprints, prioritizing backlogs, leading QA and UAT, and providing effective Scrum and program management to drive outcomes.

On the product side, I've contributed as a UX/UI designer, UX writer, content creator, and researcher, ensuring solutions are both intuitive and impactful. I am known as a proven, forward-thinking leader with the ability to anticipate needs, address gaps, and uncover new opportunities for growth.

My passion for teaching fitness has deeply shaped my career in technology. The skills required to coach, cue, motivate, and create engaging experiences directly inform how I lead teams, design products, and build client-centered solutions. Above all, I am dedicated to developing exceptional experiences that inspire people and deliver measurable business results.