Carynes is Vice-President of Centralized Operations Services at Cardinal Group Companies. Carynes has over 20 years of experience in the multi-family real estate industry, specializing in the student housing sector. In her current role, Carynes oversees the centralized operations offerings for nationwide assets in the Cardinal portfolio.

Carynes is known for maximizing team member engagement and leading dispersed teams across multiple locations. She supports a culture of continuous improvement, actively searching, designing, and implementing effective coaching and education methods to elevate team member performance.

Carynes earned a Bachelor of Arts degree from Florida State University. She is also a Gallup-certified Clifton Strengths Coach and Boss-to-Coach Manager. Carynes enjoys outdoor and beach activities with her husband and two daughters and finding unique food spots when traveling.