

Michelle Griego is a Colorado girl and back in her home state and at her home station, CBS News Colorado.

She grew up in North Denver, near Sloan's Lake, and started her career in journalism at the tender age of 11. She co-anchored "Two Bits," a KWGN-TV kids' news show for nearly three years. The program was seen in Colorado, Wyoming, Utah and Nebraska.

"At the time there weren't a lot of Latinas on TV," she says. "It felt like I was providing a service, because kids would come up to me and start talking about current events."

She knew instantly that journalism was her calling.

Michelle attended Colorado State University and Metropolitan State University of Denver before beginning her career at CBS News Colorado in 2005. She learned everything she knows about journalism during that time. She worked as an online editor, reporter and, eventually, an anchor. Her favorite live shots include breaking news or "being knee-high in snow."

Michelle moved to the Bay Area in 2012 as the morning anchor at KPIX 5 in San Francisco where she covered mass shootings, Super Bowls, parades and everything in between. She also hosted Bay Area Focus, a locally produced talk show. She was honored with an Emmy in 2014, 2016 and 2021.

It wasn't easy being a die-hard Broncos fan in Raiders Country (before Denver's rivals moved to Vegas) but Michelle and her family enjoyed their time in California. However, family, the Rocky Mountains and green chile were always calling her back home to Colorado.

In 2021, she was hired once again at CBS News Colorado as the morning anchor after spending nearly a decade away. Now, Michelle, her husband and their three daughters are enjoying being around family and longtime friends.

In 2023 Michelle was elected president of the Colorado board of the National Association of Hispanic Journalists. Her volunteer work also includes sitting on the boards for the Latin American Educational Foundation and Adelante Mujer, an organization that helps Latina high school students pursue higher education and professional careers.

Michelle was honored with a Gracie Award in 2024 for her special report "The Border Crossed Us," which explored Denver's rich Chicano movement and history.

You can catch her every weekday morning starting at 4:30 a.m. with fellow CBS Colorado Mornings anchor Brian Flores.